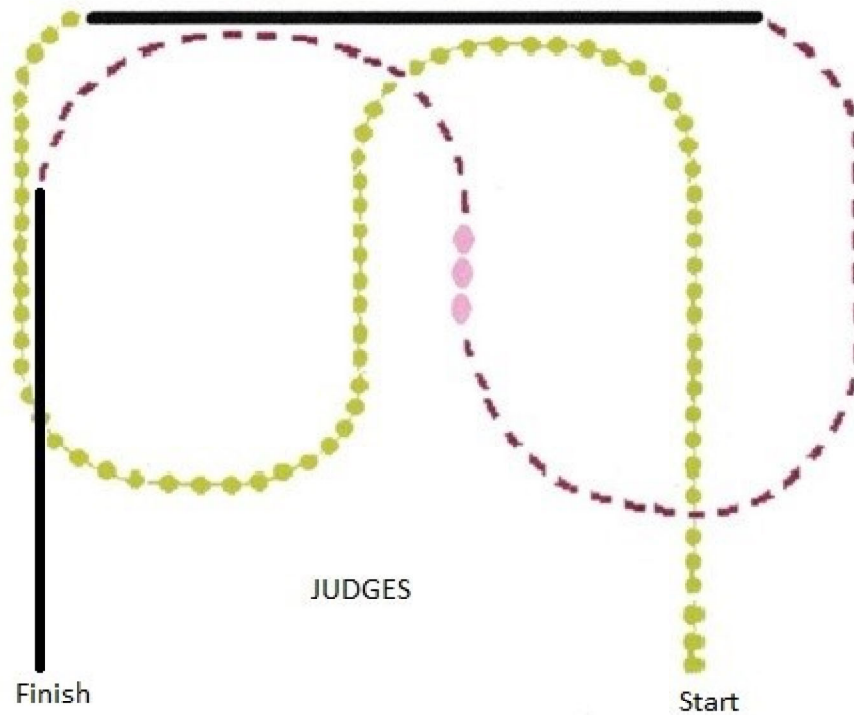


SUPREME RIDER WORKOUT NORTH WEST EQUESTRIAN EXPO 2023



Enter at Rising Trot on the left rein into a 2 loop serpentine - DO NOT HALT on entering

Sitting trot along the top.

Canter right continue into a 2 loop serpentine with a simple change of leg (trot through)

Downward transition to sitting trot & sit trot out of the work area - DO NOT HALT- when exiting

- TROT
- SITTING TROT
- - - - CANTER
- SIMPLE CHANGE (TROT THROUGH)